



**EDUCATE  
HONOR  
CHALLENGE**

**Freedoms Foundation along with National Board of Directors Member  
Commander Doug Sheehan (USCGR Retired)**



**Presents**

***Breakfast with the Medal of Honor***

**Date:** Saturday, April 1, 2017  
**Time:** 7:30 am—10:00 am  
**Location:** [Marriott Seattle Waterfront](#)  
2100 Alaskan Way Seattle, WA 98121  
**Cost:** \$50  
**RSVP:** Doug Sheehan  
[doug@iccinc.com](mailto:doug@iccinc.com)

**Breakfast Before Commissioning**

As a new member of the National Board of Directors for Freedoms Foundation at Valley Forge, Commander Doug Sheehan (USCGR Retired) invites you to enjoy breakfast followed by a presentation on three inspiring stories of Congressional Medal of Honor Recipients including Signalman First Class Douglas Munro, uncle of Commander Sheehan and only U.S. Coast Guard member ever awarded the Medal. Guests are welcome to learn more about the history of the Medal of Honor before attending the commissioning of the new Coast Guard Cutter Munro.

**Coast Guard Cutter Munro Commissioning**

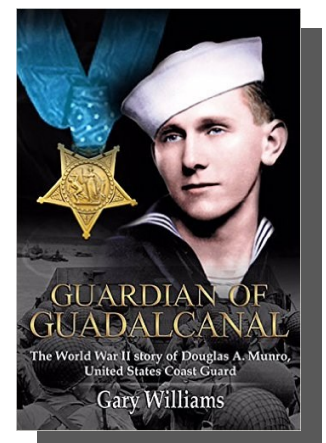
The commissioning of Coast Guard Cutter Munro, taking place at Pier 91 at 11:00am is sponsored by the Navy League of Seattle. Invitations to the commissioning are free and available upon request. *Breakfast with the Medal of Honor* at the Marriott Seattle Waterfront is a short distance from Pier 91.

**About Freedoms Foundation**

The mission of Freedoms Foundation at Valley Forge is to educate about American rights and responsibilities, honor acts of civic virtue, and challenge all to reject apathy and get involved. Freedoms Foundation is a civic education organization with both teacher and student programs that focus on leadership, character development, American history and our nation's founding documents. Welcoming hundreds from around the country to their Valley Forge, PA campus yearly, Freedoms Foundation offers graduate level professional development courses for teachers incorporating the values of the Medal of Honor including valor, patriotism, character, and sacrifice. To learn more visit: [www.freedomsfoundation.org](http://www.freedomsfoundation.org)

**Learn About Teacher Scholarships**

Local teachers are encouraged to attend and learn more about available scholarships to attend the summer 2017 [Graduate Teacher Professional Development Programs](#). Both teachers and school administrators will be guests of Mr. Sheehan.



**Space is limited! [Click here to RSVP!](#) Or call 503-297-8474**