



Freedoms Foundation  
At Valley Forge  
San Diego County Chapter

## *The Forge*

### **The Freedoms Foundation Mission**

We educate about American rights and responsibilities,  
Honor acts of civic virtue, and  
challenge all to reject apathy and get involved.

Becky Reid President

[www.freedomsfoundation.com](http://www.freedomsfoundation.com)

September 2021

### **2020 GEORGE WASHINGTON MEDAL RECIPIENTS**

Two outstanding honorees of the George Washington Honor Medals were presented their medals personally. Because of our unusual year, we were unable to present their awards at our Annual Awards Luncheon. They will be honored at the Awards Luncheon in February as well.



Jamie Tyrone receives the 2020 George Washington Honor Medal for her distinguished work with the community. Those honoring Jamie are Jeanne Irwin, Brenda Ferich, Sharon Henry and Adele Lancaster.



Sally Syren and Becky Reid present the George Washington Honor Medal to Sam Vanetsky for his outstanding essay. Pictured on right is Sam with his grandparents Myron and Marsha Vanetsky. Sam's grandfather is holding the Freedoms Foundation medal he was presented in 1967 for his notable essay.  
Two generations of honorees!!!

Our third 2020 recipient, Karla Peterson will be featured in the February Forge.



## **PRESIDENT'S MESSAGE...**

*Becky Reid*

We are excited to welcome fall and have high hopes that we will be able to start up and continue with some in-person meetings. Covid has taught us that it is good to jump in and learn new things, such as

how to have "Zoom" meetings and how to be patient if things don't go forward just as you had carefully planned for them to do.

Our "Day at the Races" fundraiser was very successful and everyone had a great time. Thank you to everyone who attended and supported the opportunity drawing.

Our students are scheduled for March 17-22, 2022 to attend the Leadership Program at Valley Forge. We are working on creative ways to recruit students in this brave new world. Meeting such wonderful young people is always our favorite part of what we do.

Our 2022 annual awards luncheon is scheduled for February 10<sup>th</sup> at the Admiral Baker Clubhouse. Hopefully we will be able to honor these outstanding students in person and recognize our community leader awardees as well. We hope all of you will join us and bring your friends.

Thank you for all your continued support. Your donations allow us to pay a substantial portion of the students costs for this trip. Students we talk to after they return from Valley Forge cannot say enough about how this experience helped broaden their knowledge of American history and democracy as well as to understand our constitutional rights. Another valuable benefit is the friends they make with people from all across America. I encourage all members to invite friends to become members, join the Board and help us continue to build upon this strong foundation. We cannot continue this work without you.

Stay safe, hoping to see you all soon.

Becky Reid

## **MEMBERSHIP MESSAGE**

*Adele Lancaster*

### **REMINDER: Renew membership now**

Send check to Paula Day, Treasurer – 4717 Corte Mariposa, Bonita, CA 91902-1532 or to pay with credit card, contact Paula: 619-475-5020 or [phday@cox.net](mailto:phday@cox.net).



## **WE CELEBRATE OUR CHERISHED DONORS**

Barbara Brown

Bill Glover

Joan Henkelmann

Al Kovach

Adele and Tom Lancaster

Jo Liddell

Fern Murphy

Wanda Prosser

## **SAVE THE DATE**

**FEBRUARY 10, 2022**

**ANNUAL AWARDS**

**LUNCHEON**

**HONORING 2020-2021**

**AWARD RECIPIENTS**

**ADMIRAL BAKER  
CLUBHOUSE**

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## *In Memoriam*



**C. NEIL ASH  
FEBRUARY 25, 1925-  
JUNE 11, 2021**

**LONG-TIME MEMBER**

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***FREEDOMS FOUNDATION at Valley Forge – 2021 DAY AT THE RACES  
DEL MAR THOROUGHBRED CLUB – JULY 29, 2021***

What a great day!! Members and friends were happy to get together once again at our annual fundraiser *Day at the Races*. It was held in the Turf Club at the Del Mar Thoroughbred Race Track. All of the money raised will go to support our Youth and Teacher Programs.





**Valley Forge  
Campus to Again Reopen for  
“Spirit of America”  
Leadership Program  
March 17-22, 2022**

After a year-long closure of the Valley Forge Campus, it is once again open and ready to have students attend their excellent student seminars.

The San Diego Chapter previously has sent a group of 11th grade students from throughout the county. Because of unusual circumstances of last year, the chapter will be accepting applications from both 11<sup>th</sup> and 12<sup>th</sup> grade students for the year 2022 only.

Do you have a child, grandchild or know a friend who would be interested in participating in a leadership conference with an extended trip to Washington D.C.?

For details and an application please visit:  
[www.freedomsfoundation.org/california/san-diego-county-chapter/](http://www.freedomsfoundation.org/california/san-diego-county-chapter/)

**INTERESTED IN BECOMING A  
SAN DIEGO CHAPTER BOARD MEMBER?**

Volunteer is a nine letter word  
and not hard to say,  
To offer one's self and one's own free will  
To even go out of one's way.  
It's not what I will get out of this,  
Nor what will it benefit me?  
It's doing the things that count most in life  
And helping in the community.

I volunteer is to say to the word  
I've still got some living to do,  
Or doing the task for some who have asked,  
Can bring new meaning to you.  
The task may seem small and not hard at all,  
Who knows, we might even succeed.  
But we give it a try when we utter---  
I volunteer to help a need.

If you would like to become a Board Member  
of the San Diego County Chapter please contact:  
Becky Reid, President [jandbreid@cox.net](mailto:jandbreid@cox.net)