



EDUCATE
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CHALLENGE

Preparing AMVETS Spirit of America Youth Leadership Conference

Forms:

Enclosed in your registration packet are several forms that must be returned to the Freedoms Foundation two weeks prior the Spirit of America Youth Leadership Conference.

These forms include:

1. *Medical Information Form*
2. *Chaperone Responsibilities*

Please complete all four forms and return to Freedoms Foundation by October 18, 2018.

Freedoms Foundation at Valley Forge
Education Office – AMVETS Program
1601 Valley Forge Road, Box 67
Valley Forge, PA 19481

E-mail to csantangelo@ffvf.org or fax to 610.935.0052

“Leave-at-Home” Information:

Contacting a participant– In case of an emergency, you may contact a participant by calling the Program Director’s cell phone at 610-960-3357. Please be sure to leave your name and phone number. The Foundation’s fax number is 610-935-0522.

Registration:

Registration is held Thursday afternoon in the Martha Washington Building. During registration you will receive your weekend program and room key. Following registration you may have some time to unpack and meet other participants before dinner.

FREEDOMS FOUNDATION AT VALLEY FORGE
ADULT MEDICAL INFORMATION FORM

This form consists of TWO sections. In order to be admitted to the Spirit of America Youth Leadership Program, each section needs to be completed with the required signatures and returned to Freedoms Foundation by October 18, 2018. We are required to have this information on file in case of an emergency.

NAME OF PARTICIPANT _____

I. INSURANCE

Freedoms Foundation does not carry medical insurance to cover participants. All participants should be covered by personal or family insurance.

I hereby certify, under penalty of perjury, that the above named individual is covered by the insurance company listed below.

_____ Date _____

Signature

Insurance Company _____

Policy/Group number _____

Expiration Date of insurance _____

I do not have medical insurance and shall be held responsible for any costs incurred _____

I hereby release and discharge Freedoms Foundation at Valley Forge, its officers, agents, instructors, and employees, from any and all claims, demands, suits, actions or causes of action which I may or shall have by reason of any illness, injury or accident incurred or suffered by the above named participant at this conference and in the course of travel by any means and while on the premises of Freedoms Foundation at Valley Forge, no matter how caused or occasioned.

_____ Date _____

Signature

Please list emergency number(s) at which the closest relative may be reached during the conference.

Name _____ **Telephone** _____

Name _____ **Telephone** _____

II. PARTICIPANT MEDICAL HISTORY

Name of Participant _____ Birth Date _____

Date of most recent exam _____

Date of most recent tetanus toxoid immunization _____

Doctor's Name _____

Doctor's Address _____

City _____ State _____ Zip Code _____

Doctor's Telephone _____

HEALTH HISTORY

Please provide any information about health history that may impact participation in the program. This may include health concerns, food and medication allergies (see below), and/or current medications (see below). Attach additional pages if necessary.

CONDITIONS

- Frequent ear infections
- Heart defect/disease
- Convulsions
- Diabetes
- Bleeding/Clotting disorders
- Hypertension
- Mononucleosis
- Hepatitis

ALLERGIES

- Hay Fever
- Ivy poisoning, etc.
- Insect Stings
- Asthma
- Penicillin
- Other Drugs

IMMUNIZATIONS

- Chicken Pox
- Measles
- Mumps
- Rubella
- DTaP

Food Allergies _____

Current Medication taking _____

Medication allergies _____

List any condition or illness that Freedoms Foundation should be aware of that is not mentioned _____

THANK YOU FOR PROVIDING US WITH THIS INFORMATION.



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Spirit of America Youth Leadership Program **RESPONSIBILITIES OF ADULT CHAPERONES**

As an adult chaperone you have an extremely important role to play throughout the weekend. Adult chaperones can add to the overall success of a given program, or make it a negative experience. It is important for all chaperones to know that they are expected to participate in the entire conference, which is a demanding challenge. They should be well rested and in good health. There is no time to take trips to places of individual interest, or visit friends or relatives.

Before Conference:

1. Get to know the students you will accompanying.
2. Understand the students' needs; allergies, medications, etc.
3. Familiarize yourself with the travel arrangements and keep track of your charges
4. Reinforce the Honor Code which the students signed prior to arrival

(The Program director will reinforce same code.)

During Conference:

1. Be familiar with the rules governing the conference activity as declared by program staff.
2. Introduce yourself to all Foundation Staff Members involved with the program as soon as possible upon arrival. There will be a meeting with adults during student ice breakers on Thursday night
3. Remain on campus and occupy quarters in the residence halls during the entire length of the conference.
4. Participate in all activities to the fullest extent possible and ensure that your students do the same.
5. Help to maintain order in classroom, dining room, airport and elsewhere as required.
6. Draw the attention of staff to all unusual occurrences, unacceptable behavior or personal problems that may affect the session.
7. Assist in taking attendance of your students, thus insuring that everyone participates in scheduled program activities.
8. Keep to the approved schedule and be on time.
9. Make this weekend alcohol and drug free
10. HAVE FUN!

Freedoms Foundation places a great value on the help and support of adult chaperones. We look forward to having you participate in the conference. It is a unique opportunity to share with young people your appreciation for the freedoms we enjoy as Americans and help them understand the responsibilities of citizenship.

Participant signature

Date

Arrival and Departure Instructions

Arrival by Plane via the Philadelphia Airport

Arrivals by plane will come into Philadelphia International Airport. Freedoms Foundation will provide two bus trips between **12:00 noon and 5:00 p.m.** for Conference participants. The exact time for each bus departure is determined during the week prior to the conference. Depending on your arrival time, you may have to wait at the airport for a scheduled trip.

When you arrive at the airport, go **directly** to the baggage claim area of the airline which you are flying. A map of the Philadelphia Airport is available at:
http://www.phl.org/terminal_map.html.

As you descend on the escalator into the baggage claim area look for a Freedoms Foundation Airport Representative (the representative will be holding a Freedoms Foundation sign). The Freedoms Foundation Representative will arrive at the airport at 11 AM and meet any early arrivals at this time, unless prior arrangements have been made

The representative will advise you when and from where the bus will depart.

If you cannot find the Freedoms Foundation Representative, call the Foundation promptly on the staff cell phone at 610-960-3357 for further instructions.

Departures

The program officially concludes at **12 noon** after a tour of historic Valley Forge. Freedoms Foundation will transport all participants to the airport for their return flight home.



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Packing Checklist

Please use this list to ensure you pack all necessities. Remember to check the weather forecast. Snow and cold temperatures are a possibility from November through March. The late spring and summer months can be hot and humid. Please pack comfortable clothes. While facilities are air conditioned, you will be spending time outside as well. Outdoor activities such as basketball, volleyball, frisbee, and football are available during free time.

Other Suggested Items to pack include:

- Toiletries
- Any Medications Needed – including over-the-counter medications for headaches, stomach pains, etc. The FFVF staff does not dispense drugs or medications to students.
- Snow/Rain coat & Snow/Rain gear
- Sun screen & Bug repellent
- Swap Meet Materials
- Camera with extra card and Batteries
- Alarm Clock
- Cell Phone and charger/Phone Card
- Postage Stamps for Postcards
- Spending Money for Snacks and Souvenirs
- Copy of health insurance card
- Copy of all phone numbers and information concerning the conference for your reference. Make sure that all items are clearly labeled with your name. Your luggage should also be clearly labeled with your name, address and phone number.

If you have any questions, please feel free to call Carolyn Santangelo in the Education Office at 610.933.8825 x 234 or email at csantangelo@ffvf.org



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AMVETS Spirit of America Youth Leadership Conference **Accommodation Information**

Accommodations:

Freedoms Foundation was established as an educational campus fully equipped with three dormitories, classroom space, and dining facilities. Upon your arrival, you will be placed in a room with up to five other participants. We assign rooms randomly, so you will not know your roommate(s) until you arrive. Your roommate(s) will remain the same throughout your stay with the Freedoms Foundation.

Packing:

In anticipation of your trip, please pack wisely. Here are a few tips to help you pack:

- ☞ Commercial airlines have a variety of fees and restrictions for luggage. Please check with your individual airline for specifics. **You are responsible for any luggage fees.** If you can pack everything in a carry-on bag and a backpack, you can avoid luggage fees.
- ☞ Clearly mark your name, address and phone number on your luggage. Have the Freedoms Foundation address and phone number on your person in case of emergencies.
- ☞ Dormitory rooms have limited closet space.
- ☞ You will be responsible for the transportation of your luggage to and from your dorm room, so only pack what you can carry.
- ☞ Put your name on everything and **DO NOT** bring valuables. Freedoms Foundation is not responsible for lost or stolen items.

Dress Code:

Casual dress may be worn throughout the conference, except for the banquet Saturday evening (see below). Casual dress is considered nice jeans, pants, sweaters, t-shirts, sweatshirts, shorts, and athletic shoes. Please remember the ABC guidelines: no armpits, bellies, or cleavage. Offensive language on T-Shirts will not be tolerated.

On Saturday night there is a banquet which is considered to be semi formal. Semi formal dress is considered "church clothes" and may include skirts, dresses, and/or suits for women; dress shirts, slacks, jackets and/or suits for men.

Rules:

Rules are set in place to ensure a safe and exciting environment for you to live and learn. The staff of Freedoms Foundation takes the rules very seriously. Upon your first offense, you will be sent home immediately. There are no exceptions. You will be responsible for your own travel costs if sent home from the program. Rules are expected to be followed upon your arrival at the airport in Philadelphia throughout your stay. Please read and thoroughly understand the rules before you arrive.

- ☞ **Drugs or Alcohol:** Use of these items is strictly prohibited. If for any reason you have doctor prescribed medication, please notify a staff member upon arrival.
- ☞ **Lights Out:** Lights out will be announced at the conclusion of the evening activities. During lights out you must be in your room with lights out.
- ☞ **Dormitory Restrictions:** At NO TIME are women allowed in men's dorms/hotel rooms or vice versa.
- ☞ **Attendance:** Your attendance is required at every session. If you are unable to attend due to illness, you must notify the Program Director immediately.
- ☞ **Honor Code:** All students are expected to sign and return the Honor Code to the Freedoms Foundation prior to their arrival on campus.

Student Insurance and Medical Information:

Freedoms Foundation requires that each student submit a medical form completed with medical history and insurance information prior to arrival on campus. The form is enclosed in this packet. Should a medical emergency arise, Freedoms Foundation will assume the authority to administer medical treatment in the absence of a parental guardian. Freedoms Foundation will assume NO financial responsibility of medical treatment. Please notify us well in advance of program date if there are any medical needs you have.

Housing:

There are three residence Halls on campus (MacArthur, Hamilton & Franklin). Each room is carpeted and fully equipped with a private bathroom. Participants are provided with an adequate supply of towels, soap, and bed linens for the conference. Wireless Internet is available in the dormitories. There are **NO** vending machines in the dorms.

Meals:

Three meals per day are served in the MacArthur dining facility. The first meal will be dinner on Thursday evening. Meals are served in a cafeteria style serving manner and each participant is asked to bus their own table. On Saturday evening, there is a formal banquet to end the conference. During breaks and free time, the FFVF Gift Shop in MacArthur sells soda, chips, and candy. You are allowed to have drinks and snacks in the classroom and your dorm, but you are expected to clean up after yourself.



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AMVETS Spirit of America Youth Leadership Program **Major Activities**

Leadership Workshops

Students selected to attend the Spirit of America Youth Leadership Conference will engage in a variety of leadership workshops. Some of these include: Rights and Responsibilities of a Citizen Leader, Communication and Teamwork, and Personalities of a Leader.

Freedom Summit

In addition to a series of lectures and group discussions on the topics of democracy, citizenship, the American Constitution, and current events, students will participate in a Freedom Summit session wherein the students will become their own working government to debate current topics of global concern.

Tours & Sightseeing

Students will have the opportunity to tour historic Philadelphia and Valley Forge National Historic Park. Sites visited will include: Philadelphia - Independence Hall, the Liberty Bell, Congress Hall; Valley Forge - Washington's Headquarters, Continental Army barracks, and the Grande parade ground.

Living History Presenters

Historical characters, such as Thomas Jefferson, Alexander Hamilton, and John Adams, speak to the group and answer questions.

Committees

Throughout the weekend you will have an opportunity to participate in committees demonstrating your talents and creativity or just having fun. Committees include: Floor Captains, Public Speaking, News, Affirmations, Flag, Vespers, and Morning Energizers.

FFVF Gift Shop

The Gift Shop will be open throughout the weekend. Students can purchase a variety of clothing items, souvenirs, and snacks. Please note the gift shop is cash only.

Materials

Upon arrival in Valley Forge, you will receive a portfolio containing your schedule, room key and other program information.

Staff & Faculty

- **Freedoms Foundation Program Staff** – Supervise all aspects of the program. Professional staff resides at the Foundation and are on call 24 hours a day, seven days a week.
- **Faculty** – Core faculty members are experts from national universities in the fields of government, constitutional law and American History. These speakers are supplemented by local and national figures providing an excellent opportunity for *AMVETS Spirit of America Youth Leadership Conference* students to dialogue with experts both in theory and practice.



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Tentative *AMVETS Spirit of America Youth Leadership Program* Schedule

Thursday:

3:00 - 6:00pm	Student arrival and Check-in
7:00	Dinner
8:00	Orientation: Goals of the Program and Review of Schedule
8:30	Social Mixers
9:00	Small Group Icebreakers
10:00	Committee Meetings
10:30	Reflection Time

Friday:

8:00 am	Breakfast
9:00	Historical Interpreters
10:00	Freedom Summit I : Constitutional Law Seminar
12:30 pm	Lunch
1:30	Freedom Summit II : Mock Congress
3:00	Break
3:15	Reflection in Small Groups
4:00	Free Time
5:00	Committee Meetings
5:30	AMVETS Workshop
6:30	Dinner
7:30	Medal of Honor Workshop
8:30	Leadership Workshop
10:00	Swap Meet and Ice Cream Social

Saturday:

7:00 am	Breakfast
8:00	Depart for Philadelphia
9:00	Mock Trial at the Criminal Justice Center
12:00 noon	Lunch at Reading Terminal Market
1:00	Tour of Colonial Philadelphia
6:30	Banquet
7:30	Keynote Speaker
8:30	Closing Orientation
9:00	Vespers Service
9:30	Signer Ceremony
10:00	Dance

Sunday:

7:45 am	Flag Ceremony
8:00	Breakfast
9:00	Tour Valley Forge
12:00 noon	Departures for Philadelphia Airport

*Please note: lunch is *not* provided on Sunday. Students should be prepared to purchase lunch at the airport if they are flying home.



* Please note that this schedule is tentative and subject to change.

SWAP MEET



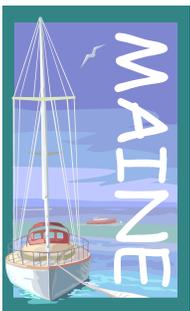
VIRGINIA



HAWAII



Oklahoma



MAINE

The Freedoms Foundation **Swap Meet** gives students the opportunity to bring and share gifts from their home town and state. Items in the past have included: food items, pens and pencils, pins, patches, postcards, keychains, stickers, bumper stickers, candy, etc.

Please do not feel like you need to spend large amounts of money on items. Instead, contact local businesses, colleges and universities, sports teams, and community organizations and ask for donations. Tell them that you are attending a prestigious leadership conference and want to share a bit of your town, city, or state with students from around the nation.

Please keep in mind that there will be 100 students participating in your conference and your items should be easily packed. During the Swap Meet all items will be displayed on tables and each participant will be able to view the tables and select items to take home. If you opt to bring a large item it may be raffled off in the spirit of fairness.

This is a great time to take home a piece of America, so please, feel free to be creative!

Due to increased travel costs, students may choose to mail their swap meet materials to the Freedoms Foundation. Please send any boxes to:

The Freedoms Foundation at Valley Forge
Education Department
Student's Name & Program Date
1601 Valley Forge Rd, Box 67
Valley Forge, PA 19481



WEST VIRGINIA



Wisconsin



Arizona



ILLINOIS